Speed Mentoring®

Professional Networking in Canada

For newcomers to Canada, networking is a highly effective way to start a job search and meet professionals who can introduce you to new opportunities. A large percentage of jobs are not advertised, which means that cultivating professional connections and building a network can lead to job opportunities with employers who are hiring.

The Speed Mentoring® program at ACCES allows individuals to network with professionals in their field, receive advice about their job search and meet employer contacts who can refer you to job opportunities. We host over 120 Speed Mentoring® events each year in various sectors.

Benefits of Speed Mentoring®



- Receive industry specific feedback about your resume and interview techniques
- Gain valuable tips on how to advance your career in Canada
- Expand your knowledge of Canadian workplace culture
- Find out what Canadian employers are looking for in an employee
- · Get inspired, informed and connected

How it Works

Mentees will meet with a mentor for ten minutes. At the end of the 10 minutes a bell will ring signaling a move to the next mentor.

MENTORS



MENTEES



"I received a real edge on the competition with support from mentors I met while participating in Speed Mentoring® events organized by ACCES. I learned of job opportunities that were not posted and essential skills top employers were currently searching for."

NAVEED ZAMAN, PMP® ITIL® SCRUM® PROJECT MANAGER, ACHIGA SPEED MENTORING® ALUMNI

Details & Eligibility

- Events are run at all ACCES offices and various employer locations across the Greater Toronto Area
- Newcomer to Canada -Permanent Resident (PR),
 Canadian Citizen, Work Permit and Refugee

Visit us online for more information:

accesemployment.ca/speed-mentoring

Funded by:

Financé par :







You belong in a job that reflects your skills and experience. ACCES will give you the support, coaching and connections you need to realize your full potential and make a lasting impact in your new job.

39,000+

JOBSEEKERS HELPED EACH YEAR 2,500

EMPLOYERS IN OUR NETWORK FOR YOU TO CONNECT WITH

30+

YEARS OF EXPERIENCE
DELIVERING EMPLOYMENT
& RECRUITMENT SERVICES

How can we help you find a job?



Job search support

and guidance including customized one-to-one support and a variety of job search workshops.



Specialized services

for women, youth, trades, French-language newcomers and newcomer entrepreneurs.



Connections to employers who are

hiring through job fairs, networking, mentoring and employment opportunities.



Online services & programs:

- Canadian Employment Connections (pre-arrival)
- · Electrical Engineering
- Business Connections en Français
- Webinars and online resources



Programs & services across various professional sectors:

- · Construction Trades
- · Cybersecurity
- · Engineering
- · Finance
- Hospitality
- · Human Resources
- · Information Technology
- · Healthcare
- · Sales and Marketing
- · Supply Chain

Visit our website to learn more today:

accesemployment.ca

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ACCES Scarborough

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ACCES Toronto

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