



RESOURCE GUIDE

Programs and Services in Newmarket

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Housing Supports

Housing support services may include assistance with accessing subsidized or low-cost rental options, support for those experiencing or at risk of homelessness, emergency and transitional shelter options, and guidance in navigating housing systems and tenant rights.

Housing Support Services

Agency	Service Description	Clientele Served	Agency Contact Info
Canadian Centre for Housing Rights	Provides tenants in York Region with free legal services and support with tenant applications and evictions.	Renters in Ontario who are ineligible for services at their local legal clinic. Anyone encountering discrimination in housing.	1-800-263-1139 housingrightscanada.com
Centre for Immigrant and Community Services (CICS) - Newmarket Centre	Provides support for newcomers to adjust to life in Canada, including help with housing, filling out forms, and accessing community resources.	Newcomer women, children, youth and to seniors.	905-895-3789 cicscanada.com
The Housing Help Centre - Newmarket	One-on-one housing counselling, subsidized housing applications, landlord-tenant mediation, eviction prevention, rental listings, Ontario Electricity Support Program applications	Low-income youth, families, newcomers and seniors.	647-267-5319 416-414-6779 shhc.ca
York Region - Housing York Inc.	Provides quality community housing, fostering vibrant and inclusive neighbourhoods across York Region. 38 housing properties. Offers market rent housing, subsidized housing and Housing York locations.	Residents of a Housing York Inc. property.	1-866-308-2226 york.ca
Reena	Provides specialized care to meet the unique abilities of individuals with developmental disabilities, in several Intentional Community Residences, 32 homes and over 60 supported independent living apartments.	Individuals 16+ with developmental disabilities.	905-889-6484 Intake: 1-855-277-2121 reena.org

Welcome Centre Immigrant Services - Newmarket	One-stop service to guide and support immigrants and newcomers. Housing Help - assistance to find or maintain housing, eviction prevention, partnership with The Housing Help Centre	Immigrants and newcomers who are permanent residents, Convention refugees; applicants for permanent resident with letter from Immigration, Refugees and Citizenship Canada stating that application for landing approved	289-841-3032 1-877-761-1155 welcomecentre.ca
York Region - Housing	Apply for subsidized housing, find emergency and transitional housing, find subsidized housing locations and housing with supports.	Residents of York Region seeing subsidized housing, supportive housing or emergency and transitional housing.	1-877-464-9675 TTY: 1-866-512-6228 york.ca

Legal Services for Tenants

Agency	Service Description	Clientele Served	Agency Contact Info
Advocacy Centre for Tenants Ontario - Tenant Duty Counsel Program	Provides remote advice, legal assistance, resources and referrals to unrepresented tenants on or before the day of their scheduled hearing at the Landlord and Tenant Board (LTB). Priority is given to tenants facing eviction. Information on common legal problems related to tenancy in Ontario.	Low-income tenants who qualify.	1 866-245-4182 acto.ca
Black Legal Action Centre (LAO)	Offers a range of legal services on issues related to education, employment, housing, human rights and government support.	Low-income individuals who meet financial eligibility guidelines and have experienced anti-Black racism.	416-597-5831 1-877-736-9406 blacklegalactioncentre.ca
Canadian Centre for Housing Rights (CCHR) - Our Tenant Services	Legal services for tenants living in private market rental housing.	All tenants.	416-944-0087 1-800-263-1139 housingrightscanada.com

Centre Francophone du Grand Toronto - Aide juridique (Legal Help)	Provides summary legal advice in French. Calls are free and confidential.	Francophones in Peel, York or Durham regions.	1-844-966-7345 centrefranco.org
Chinese and Southeast Asian Legal Clinic (CSALC) (LAO)	A community-based legal clinic funded by Legal Aid Ontario to provide free legal services to low-income clients.	Low-income tenants from Chinese, Vietnamese, Laotian and Cambodian communities.	416-971-9674 1-844-971-9674 csalc.ca
Community Legal Clinic of York Region	Provides free legal advice and representation to low-income residents of York Region. Areas of expertise are residential tenancies, social assistance, loss of employment and immigration.	Low-income residents of York region.	905-508-5018 1-888-365-5226 clcyr.on.ca
Landlord & Tenant Board (LTB)	Settles disputes between property owners and tenants and provides information to landlord and to tenants about their rights and responsibilities under the Residential Tenancies Act.	Anyone wanting to resolve a dispute with a landlord or tenant, and/or end a tenancy or co-op member's occupancy in the province of Ontario.	1-888-332-3234 416-645-8080 TTY: 1-800-855-0511 tribunalsontario.ca
Legal Aid Ontario (LAO)	Free legal advice to low-income tenants	Low-income tenants who qualify.	1-800-668-8258 legalaid.on.ca
Rental Housing Enforcement Unit	Identifies and fines a tenant or landlord who has committed an offense of the Residential Tenancies Act.	Any landlord or tenant who feels a rule has been broken under the Residential Tenancies Act in Ontario.	To file a complaint: 416-585-7214 1-888-772-9277 ontario.ca
South Asian Legal Clinic of Ontario (LAO)	Provides advice, brief services, and/or legal representation to low-income South Asian tenants.	Low-income South Asian community in Ontario.	416-487-6371 salc.on.ca

Paying for Housing or Utilities

Agency	Service Description	Clientele Served	Agency Contact Info
Ontario Electricity Support Program	Provides an ongoing monthly credit directly on qualified consumers' electricity bills.	Must meet income requirements and you must apply.	1-855-831-8151 TTY: 1-800-855-1155 ontarioelectricitysupport.ca
Ontario Energy Board - Low-income Energy Assistance Program	Emergency financial help through the Low-income Energy Assistance Program (LEAP).	For low-income residents behind on their electricity or natural gas bill and face having service disconnected.	1-855-487-5327 oeb.ca
York Region - Homelessness Prevention Program	Helps with costs such as first and last month's rent, rental and utility arrears, utility security deposit, reconnection fees, moving costs, mortgage assistance, and landlord and tenant mediation.	York Region residents, who are homeless or at risk of homelessness not receiving Ontario Works or Ontario Disability Program benefits. Canadian citizen, permanent resident or refugee. Must meet financial eligibility requirements.	1-877-464-9675 TTY: 1-866-512-6228 or 905-895-4293 york.ca
York Region - Rent and Utility Assistance	Emergency financial assistance for rent and utilities.	York Region residents at risk of homelessness who are receiving Ontario Works or ODSP benefits who are behind on rental, mortgage or utility payments.	1-888-256-1112 TTY: 905-895-4293 or 1-866-512-6228 york.ca

Emergency Shelters & Supportive Housing

Agency	Service Description	Clientele Served	Agency Contact Info
360 Kids - Transitional Housing	Transitional apartments: help youth transition between locations, conduct housing searches, complete gov't applications; community referrals; information on shelters and similar programs	Youth (16-26) who require housing support, have legal income, are willing to work on transitional support plan.	905-475-6694 1-833-360-5437 360kids.ca
Belinda's Place	Provides emergency and transitional housing, wraparound supports, and drop-in programming for women experiencing homelessness.	Unaccompanied women 18 years and older who are homeless or at risk of homelessness.	289-366-HOPE (4673) belindasplaces.org
Blue Door - Emergency Housing	5 emergency housing sites programs: Kevin's Place, Leeder Place, Porter Place, and Overflow Programs	Individuals, couples, families in York Region.	Central Intake: 1-877-464-9675 bluedoor.ca
Blue Door - Housing Supports	Ensures very vulnerable people exiting homelessness succeed in keeping their newfound housing, Offers ongoing support through two programs called Housing Retention and Housing To Health.	Youths, adults and families.	905-898-1015 1-888-554-5525 bluedoor.ca
Blue Door - Transitional Housing	4 transitional housing sites programs (Abode, Forward, INNclusion, Passage House)	Youths, adults and families.	905-898-1015 1-888-554-5525 bluedoor.ca
Blue Door - INNclusion)	The first safe housing in York Region for 2SLGBTQ+ youth who are experiencing homelessness often because of identity-based abuse and discrimination.	2SLGBTQ+ Youth.	905-898-1015 1-888-554-5525 bluedoor.ca
Canadian Centre for Men and Families York Region - Family Shelter	Mental health agency supporting men, fathers, boys and their families who have experienced life challenges. Includes counselling, peer support, shelter and legal aid.	Men, fathers, boys (13 years of age and older), and their families. Gender inclusive.	647-479-9611 menandfamilies.org
Canadian Mental Health Association (CMHA) - Home First Community Support Program	Provides services and supports for those who are experiencing homelessness.	16+ and experiencing chronic homelessness and/or mental health challenges in York Region.	1-844-660-6602 cmha-yr.on.ca

Inn From the Cold - Emergency Homeless Shelter	Year round emergency shelter, including health and wellness service, access to support workers, mental health and addiction support and basic needs, assistance finding housing, employment, and volunteer opportunities.	Women and men 18+ who are experiencing homeless in York Region; couples only if willing to sleep separately.	1-844-660-6602 loftcs.org
York Region - Emergency and Transitional Housing	Lists emergency housing and transitional housing facilities with contact info, drop-in programs and youth programs.	People who are at risk of or experiencing homelessness in York Region.	Central Intake Line: 1-877-464-9675 TTY: 1-866-512-6228 york.ca
Loft Community Services - Crosslinks Housing and Support Services	Supports for people facing a combination of mental and physical health challenges, addiction issues, poverty, and/or homelessness.	People 16+ who are homeless, at imminent risk of becoming homeless, who are involved with the criminal justice system; experiencing first episode of psychosis, or people with substance use challenges. Residents of York Region and South Simcoe.	1-844-660-6602 loftcs.org

Mental Health Supports

Mental Health Supports connect individuals and families with services that promote emotional well-being, resilience, and recovery. These programs may include counselling, getting help during a crisis, peer support, addiction services, and access to culturally responsive or specialized care.

Virtual and Phone Supports

Agency	Service Description	Clientele Served	Agency Contact Info
Assaulted Women's Helpline	A free, anonymous and confidential 24-hour telephone and TTY crisis telephone line to all women in the province of Ontario who have experienced any form of abuse. Provide crisis counselling, safety planning, emotional support, information and referrals.	Women who have experienced any form of abuse.	416-863-0511 1-866-863-0511. TTY:1-866-863-7868 awhl.org

ConnexOntario	Information line for mental health, addiction, and problem gambling. Call for yourself, a loved one, or a client.	Open to all.	1-866-531-2600. Text CONNEX to 247247. connexontario.ca
Family Services York Region - Virtual Walk-In	Counselling for services for youth, adults and families. Speak to a therapist the same day or next day.	For those who live or work in York Region.	905-895-2371 fsyr.ca
Fem'aide	Offers French-speaking women who have experienced gender-based violence, support, information and referral to appropriate front-line services within their communities.	French-speaking women who have experienced violence.	1-877-336-2433 femaide.ca
Hospice Palliative Care Ontario - Information Line	For information on specific hospice palliative care services in your community or information about advance care planning.	Individuals facing terminal illness and end of life.	1-833-621-0728 hpco.ca
Kids Help Phone	Crisis responders reply to texts, chats and calls from people looking for support, helping them identify how they're feeling, discuss different coping strategies and if required, collaboratively set up a safety plan.	Youth aged 5 to 20 years of age and adults.	YOUTH: Text CONNECT to 686868 (phone) OR tap to message online from a web browser OR call 1-800-668-6868 ADULTS: Text WELLNESS to 741741. kidshelpphone.ca
Krasman Centre - Warm Line & Peer Crisis Support Chat	Provides non-crisis and crisis support from a recovery-informed perspective rooted in lived experience in the York Region, South Simcoe and North York areas (the Central LHIN).	Anyone in distress or crisis in the York Region, South Simcoe and North York areas (the Central LHIN).	General Peer Support: 1-888-777-0979 Newcomers Peer Support: 1-888-233-5633 Chat available 10:00am to midnight: krasmancentre.com
LGBT Youthline	An anti-racist, youth-led organization that connects 2SLGBTQ+ youth across Ontario to resources and community through peer support, training, advocacy, and referrals. Support via phone, online chat, texting and email.	2SLGBTQ+ youth (29 and under) across Ontario.	1-888-687-9688 youthline.ca
Lumenus Services - One Stop Talk	A free, confidential service that lets kids and youth get immediate mental health support with a registered therapist.	Children, youth under the age of 18.	1-855-416-8255 onestoptalk.ca

Ontario Caregiver Helpline	Dedicated helpline for caregivers in Ontario, providing support and resources and palliative care support.	Open to all.	1-833-416-CARE (2273)
Progress Place Warm Line	Confidential & anonymous service. Not a crisis line.	Adults (18+) feeling lonely, isolated, anxious, depressed or in need of a friendly ear.	416-960-WARM (9276) Text 647-557-5882 OR chat online during operating hours. warmline.ca
Salal Sexual Violence Support Centre	Provides immediate crisis assistance and emotional support, information, and referrals to people who have experienced sexualized violence and who are of marginalized genders.	Women, trans, nonbinary, Two-Spirit, and gender diverse people.	1-877-392-7583 salalsvsc.ca
Suicide Crisis Helpline	Offers support that is bilingual, trauma-informed, culturally appropriate and available to anyone in Canada	Open to all.	Call or text 988 988.ca
Toronto Seniors Helpline	A single point of access for seniors and caregivers to receive information and access to community, home, and crisis services.	Seniors and caregivers.	416-217-2077 1-877-621-2077
Women's Support Network of York Region - 24 hr Crisis Line	Provides emotional support and crisis intervention to women who have experienced sexual violence, sexual exploitation and/or human trafficking.	All women who self-identify as women, as well as all trans, genderqueer, non-binary, Two Spirit, and intersex people and who have experienced sexual violence.	905-895-7313 1-800-263-6734 womenssupportnetwork.ca
Your Support Services Network - Crisis Services	Speak with a crisis support worker if feeling depressed, distressed, lonely, anxious, scared, angry or are worried about having nowhere to go.	Individuals in need in York Region, South Simcoe and North York.	1-855-310-COPE (2673) yssn.ca

In-person Supports

Agency	Service Description	Clientele Served	Agency Contact Info
BounceBack Ontario	Free, publicly funded, short-term cognitive-behavioural therapy with a psychotherapist.	Adults and youths 15+. Need to be referred by a doctor or mental health care provider.	Access CAMH at 416-535-8501 bouncebackontario.ca camh.ca
Canadian Mental Health Association (CMHA) York Region and South Simcoe - Newmarket	Access to the services people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness and addiction.	Adults 16+, youth (12-15), families and caregivers	905-841-3977 1-866-345-0183 cmha-yr.on.ca
Cedar Centre - Adult Program	Provides intake, assessment, and psycho-educational groups.	Adults 18+ who have experienced childhood interpersonal abuse-related trauma.	905-853-3040 1-800-263-2240 cedarcentre.ca
Hong Fook Mental Health Association	An ethno-cultural community mental health agency serving Asian community members. Services include case management, psychotherapy, psychiatry, peer support, virtual group activities and virtual mental health workshops.	Asian community members who are 16 years and older in York Region, South Simcoe, North York, North Etobicoke and Malton.	416-493-4242 hongfook.ca
LOFT Community Services	Provides mental health services, addictions support, and supportive housing for youth, adults, and seniors in Ontario. One-on-one, outreach, group support and specialized support.	Adults 19+ experiencing complex mental and physical health challenges.	905-967-0357 loftcs.org
Streamlined Access	Makes connections to mental health and addiction care in York Region/South Simcoe.	16 years and older and need help with mental health and/or addiction in York Region and South Simcoe.	289-340-0348 1-844-660-6602 yssn.ca
Southlake Health	Assist individuals through severe episodes of illness	Children, adolescents and adults.	905-895-4521 southlake.ca

	and gradually move them into less acute services.		
Women's Centre of York Region	Provides one-on-one counselling and short-term case management to address housing, financial, employment or income generation related goals.	Women 18+ who have experienced violence.	905-853-9270 1-855-853-9270 wcyr.ca
Women's Support Network of York Region	Provides sexual violence counselling, crisis counselling, human trafficking supports, supports for youth, group programs and public education.	All women who self-identify as women, as well as all trans, genderqueer, non-binary, Two Spirit, and intersex people and who have experienced sexual violence.	905-895-3646 womenssupportnetwork.ca
York Region Alliance of African Canadian Communities (York Region AACC)	Offers after-school curriculum and mentoring program for Black students.	Black students grade six to eight.	425-5700 yorkregionaacc.ca

Food & Practical Supports

Food and practical supports help individuals and families access food and basic necessities through services such as food banks, free grocery programs, meal delivery, and community-based outreach. These programs provide items like fresh and non-perishable foods, and household items.

Food Banks & Grocery Support

Agency	Service Description	Clientele Served	Agency Contact Info
Cedarview Community Church - Bread of Life Food Baskets	Food baskets. Referrals must come from a recognized social agency.	Residents of Newmarket.	905-895-8893 cedarview.org
Ebenezer United Church	York Region Food Network, fresh food market and food box once a month.	York Region.	905-477-4365 ebenezeronline.ca

The Food Bank of York Region	The Regional Municipality of York has 30+ food banks and other meal providers in the region. Use the Food Bank finder to locate a food bank or food access program in your area, whether to find food or to volunteer and help meet the need.	York Region.	437-317-3710 fbyr.ca
Newmarket Food Pantry	Provides 10-14 days of emergency food supply to residents of Newmarket and East Gwillimbury.	Residents in need living in the area bounded by Ravenshoe Rd, St. John Sideroad, Schomberg and Highway 48.	905-853-7285 905-895-6823 newmarketfoodpantry.ca
Rose of Sharon - Rosie's Closet Practical Supports & Food Pantry	Provides pregnant and parenting youth with access to essential items like food, baby formula, diapers, wipes, hygiene products, and clothing. Items are home-delivered in monthly	Clients (under 29 years of age).	905-853-5514 roseofsharon.com
St Vincent de Paul of Newmarket/East Gwillimbury	Provides food cards, fresh fruits and vegetables and gift cards.	Residents of Newmarket/East Gwillimbury area.	905-898-4264 stjohnchrysostome.archtoronto.org
St. James the Apostle, Sharon - Food Closet	Free food.	Residents of Sharon in need.	905-478-1960 stjamessharon.com
Women's Support Network of York Region	Food supports available to clients.	Women identified folks ages 12 years and older who live in York Region and who have experienced or are at-risk of sexual violence and/or human trafficking.	905-895-3646 womenssupportnetwork.ca

Clothing & Furniture

Agency	Service Description	Clientele Served	Agency Contact Info
North Newmarket Lions Club - Coats for Kids	Provides free winter outerwear from infant to adult to those in need. No registration. No fee.	Residents of Newmarket in need of winter outerwear.	905-895-1441 northnewmarketlionsclub.com
Rose of Sharon - Rosie's Closet Practical Supports & Food Pantry	Provides pregnant and parenting youth with access to essential items like food, baby formula, diapers, wipes, hygiene products, and clothing.	Clients registered with Rose of Sharon.	905-853-5514 roseofsharon.com
St. James the Apostle, Sharon - Second Chance Clothing Depot	Find good quality free clothing for children through to adults.	Residents of Sharon in need.	905-478-1959 stjamessharon.com
Trinity Church Aurora - Clothes Closet	Gently used women's, men's, and children's clothing, shoes and boots. \$10 for a small bag and \$20 for a large bag	Open to all.	905-727-6101 trinityaurora.ca

Disability Supports

Disability Supports help people with disabilities access the tools and services including assistive devices, home or vehicle modifications, personal supports, and help finding employment, housing, or community services.

Income & Employment

Agency	Service Description	Clientele Served	Agency Contact Info
ABLE Network - Newmarket	Building essential employment skills, knowledge, and confidence in the workplace, while also enhancing self-esteem, self-confidence, and self-advocacy skills.	Adults with an intellectual disability, who have left high school and have a desire to work and be independent.	289-264-6522 theablenetwork.ca
Canadian Hearing Services - York Regional Office	Programs and services including interpreting services, communication devices, employment services, hearing healthcare/audiology services.	People who are culturally deaf, oral deaf, deafened, and hard of hearing.	1-866-518-0000 TTY: 1-877-215-9530 chs.ca

Canadian Mental Health Association (CMHA) - Employment Program - Newmarket	Provides support with individualized employment searches based on individual interests, goals, previous work experience and education.	Individuals 16+ experiencing mental health challenges, who are ready and motivated to enter the workforce; and are residents seeking employment in York Region and South Simcoe.	905-841-3977 1-866-345-0183 cmha-yr.on.ca
Community Living Central York - Employment Program	Offers job preparation coaching, career development, and workplace support.	Persons with intellectual disabilities living in Aurora, East Gwillimbury, King, Newmarket, and Whitchurch-Stouffville.	905-898-3000 clcy.ca
Job Skills - Right Fit for You - Newmarket	Employment options and resources.	Youth (15-30). Canadian citizen, permanent resident, or a protected person as defined by the Immigration and Refugee Protection Act. Self-identify as having a disability.	905-235-5255 1-866-592-6278 jobskills.org
JVS Toronto - Employment Services for People with Disabilities in York Region	Pre-employment support services for people with disabilities.	Individuals with learning disabilities, Attention Deficit Hyperactive Disorder (ADHD), Attention Deficit Disorder (ADD), developmental disabilities, Autism Spectrum Disorder (ASD), mental health issues and/or physical challenges.	416-787-1151 jvstoronto.org
March of Dimes Canada - Employment Services - Newmarket	Provides on-the-job training, coaching, frequent employer contact with a wide range of employers, as well as quick job searches and placement.	For individuals 18 years and older with a disability or barrier who need assistance trying to gain employment	905-895-7529 1-833-612-6632 modemploymentservices.ca
Ontario Disability Support Program (ODSP) - Newmarket	Provides income, health benefits and employment support to people with disabilities.	Adults 18+ in Ontario who are financially eligible and have a physical or mental health disability expected to last one year or longer, significantly limiting their ability to work, care for themselves, or carry out daily activities.	905-868-8900 1-877-669-6658 TTY: 905-715-7759 ontario.ca

Reena - Supported Employment Programs	Provides supported employment programs and services for individuals with developmental/intellectual disabilities, including job readiness training, job development, and ongoing support.	Individuals with developmental/intellectual disabilities including autism.	reena.org
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Assistive Devices & Other Supports

Agency	Service Description	Clientele Served	Agency Contact Info
Assistive Devices Program (ADP)	The Assistive Devices Program (ADP) helps people with long-term physical disabilities pay for customized equipment. The ADP also helps cover the cost of specialized supplies, such as those used with ostomies.	Individuals who qualify are Ontario residents, have a valid Ontario health card and have a disability requiring the equipment or supplies for 6 months or longer.	416-327-8804 1-800-268-6021 assistivedevicesprogram.ca
Ontario Health at Home	Coordinates local home and community care, long-term care placement and help finding services in the community.		310-2222 (no area code required) ontariohealthathome.ca

Immigration & Legal Services

Immigration and legal services help newcomers understand their rights, responsibilities, and options in Canada. These programs offer support with settlement, immigration applications, legal information, and referrals. They can help with documents, housing or employment issues, and connecting newcomers to services in the community.

Immigration & Settlement Services

Agency	Service Description	Clientele Served	Agency Contact Info
Association des francophones de la région de York (AFRY) - Newmarket	Offers a newcomer and settlement program that includes assessment and referrals to government and community resources, information and orientation services, and community connection supports.	Permanent residents, refugees and live in caregivers who are francophones.	289-552-4297 afry.ca
CICS Newmarket Centre	Provides settlement support services, including programs for women, children, youth, seniors, and newcomers.	Newcomer women, children, youth and seniors.	905-895-3789 cicscanada.com
Welcome Centre Immigrant Services - Newmarket Welcome Centre	One-stop service to guide and support immigrants and newcomers. Offers settlement and integration services, as well as specialized programs and services for newcomers from diverse backgrounds as they integrate into Canadian society.	Immigrants and newcomers who are permanent residents, Convention refugees; applicants for permanent resident with letter from Immigration, Refugees and Citizenship Canada stating that application for landing approved.	289-841-3032 1-877-761-1155 welcomecentre.ca

Community-based Legal Services

Agency	Service Description	Clientele Served	Agency Contact Info
Community and Legal Aid Services Programme (CLASP)	Provides free legal advice and representation to eligible low-income individuals in the City of Toronto and to York students	Low-income residents of Toronto and all York students, including those living in York Region.	416-736-5029 yorku.ca/osgoode/clasp
Community Legal Clinic of York Region (CLCYR)	Provides free legal services to low-income residents in York Region. Handles cases related to housing, social assistance (OW, ODSP, CPP, GIS), and employment law.	Low-income residents of York Region.	905-508-5018 1-888-365-5226 clcyr.on.ca

Specialized and Multilingual Support

Agency	Service Description	Clientele Served	Agency Contact Info
Centre Francophone du Grand Toronto	Provides summary legal advice in French. Calls are free and confidential.	Francophones in Peel, York or Durham regions.	1-844-966-7345 centrefranco.org
ARCH Disability Law Centre (LAO)	Specialty legal clinic that practices exclusively in disability rights law. Dedicated to defending and advancing the equality rights, entitlements, fundamental freedoms, and inclusion of persons with disabilities with low income in Ontario.	Persons with disabilities with low income in Ontario.	416-482-8255 1-866-482-2724 TTY: 416-482-1254 TTY Toll-free: 1-866-482-2728 archdisabilitylaw.ca
Black Legal Action Centre (BLAC) (LAO)	Challenges anti-Black racism through advocacy, education and legal action.	Black and low-income Ontarians.	416-597-5831 TTY: 1-800-855-0511 blacklegalactioncentre.ca
Centre for Spanish-Speaking Peoples (CSSP)	Serves low-income members of the Spanish-speaking community in Ontario regardless of their immigration status in Canada.	Spanish-speaking tenants.	416-533-8545 spanishservices.org
Chinese and Southeast Asian Legal Clinic (CSALC) (LAO)	Provides free legal services to low-income, non-English speaking clients from the Chinese, Vietnamese, Laotian and Cambodian communities in Ontario.	Low-income, non-English speaking tenants from Chinese, Vietnamese, Laotian and Cambodian	416-971-967 1-844-971-9674 csalc.ca

		communities in Ontario.	
Injured Workers Community Legal Clinic (IWC)	Provides information and advice, and represents injured workers. Provides public legal education and works with injured worker and community organizations trying to improve the workers' compensation system.	Open to all injured workers.	416-461-2411 1-833-461-2411 iwclc.org
Justice for Children and Youth (JFCY) (LAO)	Legal services for young people under 18 and up to 25 for homeless or undocumented young people in Ontario.	Street-involved youth in Ontario.	416-920-1633 1-866-999-JFCY (5329) jfcy.org
South Asian Legal Clinic of Ontario (LAO)	Provides advice, brief services, and/or legal representation to low-income South Asian tenants.	Low-income South Asian community in Ontario.	416-487-6371 salc.on.ca
Workers' Health & Safety Legal Clinic (LAO)	Provides legal services to low-income non-unionized workers who need assistance with legal matters that relate to their employment rights or their health and safety rights at work. Our legal services include summary legal advice, brief legal services, referrals, and legal representation.	Low-income non-unionized workers looking for assistance with employment rights and health and safety rights at work.	416-971-8832 1-877-832-6090 workers-safety.ca

Language Supports

Language Supports provides newcomers with an opportunity to enhance and refine their English language skills for everyday life, work, and community participation. Programs may include English classes, literacy and basic skills training, advanced or job-focused language programs, language assessments, and conversation circles.

English Language Training

Agency	Service Description	Clientele Served	Agency Contact Info
York Catholic District School Board (YCDSB) - ESL	Assists English language learners from diverse linguistic and educational backgrounds in attaining English language proficiency.	In-person classes: For CLB levels 1-7; Online classes: For CLB levels 0-9	To register for an English Language Assessment: 1-855-330-8655 ycdsb.ca
York Region District School Board - LINC	Provides English classes, Levels Pre-CLB, 1, 2, 3 and 4. Call to register or register online.	Landed immigrants and convention refugees.	1-855-330-8655 or 905-731-9557 for questions about registration. yrdsb.ca
York Region District School Board - ESL	English as a Second Language (ESL) training for adults from basic to advanced levels. Courses are available from CLB 1 to 10 (depending on the course).	Adults 18+. Visitors to Canada are welcome based on class availability.	1-855-330-8655 or 905-731-9557 for questions about registration. yrdsb.ca

Language Assessment Services

Agency	Service Description	Clientele Served	Agency Contact Info
Canadian Hearing Services - Literacy and Basic Skills	Offers individualized instruction for deaf adults to develop and apply communication, numeracy, and digital skills to achieve career goals, maintain employment, further education, participate in training opportunities and increase personal independence.	Residents of Ontario who are deaf and are aged 19+.	1-866-518-0000 TTY: 1-877-215-9530 chs.ca

York Region District School Board - Adult Literacy and Basic Skills	Skills, Education and Training program covering basic and advanced computer skills, employment skills and academic upgrading, CAEC preparation (high school equivalency) and literacy and computer skills.	Adults 18+.	905-731-9557 yrdsb.ca
Achev	Language Assessment Services provides free English/French language assessments and class referrals to eligible immigrants seeking language training in York, Simcoe and Durham.	Eligible newcomers who are 18+ or under 18 with proof of high school completion from country of origin.	1-855-330-8655 achev.ca

Enhanced Language Training (ELT)

Agency	Service Description	Clientele Served	Agency Contact Info
Catholic Crosscultural Services - Enhanced Language Training (ELT) for Healthcare Professionals	Supports newcomers with backgrounds in the healthcare sector with sector-specific language training, Canadian workplace culture and volunteer work placements to support their transition to the labour market.	Newcomers.	416-757-7010 ccsjobconnect.ca
Centre for Skills Development (Online) - Enhanced Language Training: Pathway to Work	Online training for internationally trained professionals who have work experience in their country of origin but need more orientation to the Canadian corporate (Workplace) culture and help finding a job in Canada.	Adult newcomers (18+) living in Ontario who are permanent residents or convention refugees and have a valid, up-to-date CLB 4/5 language assessment.	905-333-3499 1-888-315-5521 centreforskills.ca
COSTI (Online ELT Program) - Enhanced Language Training for Internationally Experienced Professionals	Ideal for professionals with prior experience in Accounting and Finance, Teaching and Education, Health Care, Information Technology, Office Administration and Customer Service for STEM (Science, Technology, Engineering and Mathematics).	Newcomers with international experience who are permanent residents, convention refugees, or protected persons, with language CLB 5–6 language assessment.	437-473-8620 costi.org

Occupation-specific Language Training

Agency	Service Description	Clientele Served	Agency Contact Info
Centennial College	Workplace Communication Skills Courses - Business/Finance, Construction Trades, Health Sciences, Technology. Work-oriented language training for newcomers. Courses are offered in blended or online formats.	Participants must be permanent residents, convention refugees/protected persons or temporary residents	416-289-5000 centennialcollege.ca
Collège Boréal – Toronto	Course offered in French. Workplace Communication Skills Courses - Business/Finance, Health Sciences. Work-oriented language training for newcomers. Courses are offered in blended or online formats.	affected by the crisis in Gaza (showing “MOME2023” in status documentation until March 31, 2027). Must live in Ontario and	416-289-5130 collegeboreal.ca
George Brown College	Workplace Communication Skills Courses - Business/Finance, Health Sciences, Technology, Writing Professionally for Business or Technology. Work-oriented language training for newcomers. Courses are offered in blended or online formats.	have: training or experience in a specific occupation or industry, but need to improve their occupation-specific communication skills; and a valid language	416-415-5000 georgebrown.ca
Humber Polytechnic	Workplace Communication Skills Courses - Business/Finance, Construction Trades, Technology. Work-oriented language training for newcomers. Courses are offered in blended or online formats.	proficiency of at least level 5 in Canadian Language Benchmarks (CLB), or Niveaux de compétence	416-675-6622 humber.ca
Seneca Polytechnic	Workplace Communication Skills Courses - Business/Finance, Health Sciences, Technology. Work-oriented language training for newcomers. Courses are offered in blended or online formats.	linguistique canadiens (NCLC) for courses taught in French. Some courses/modules require higher CLB levels.	416-764-9722 senecapolytechnic.ca

English Conversation Circles

Agency	Service Description	Clientele Served	Agency Contact Info
ACSA Community Services	English Conversation Circle (Virtual)	Open to all Women.	647-628-7406 acsa.ca
Catholic Crosscultural Services	English Conversation Group	Open to all.	647-388-3762 cscan.ca
	English Conversation Circle for Newcomers	Open to all.	647-296-0243 cscan.ca
Centre for Immigrant & Community Services (CICS)	English Conversation Circle Advanced	Open to all.	416-316-3803 cicscanada.com
	English Conversation Circle Beginner	Open to all.	
COSTI	Click, Connect, Communicate	Permanent residents, convention refugees, refugee claimants.	416-244-9980 costi.org
Learning Disability Association of Toronto	English Literacy (high beginner-low intermediate)	Permanent residents, convention refugees, refugee claimants. Learning Disabilities or ADHD welcome (no diagnosis required).	647-531-1680 (call, text, or WhatsApp) ldatd.on.ca
Newmarket Library	English Conversation Corner	Adults with a Newmarket Public Library card	905-953-5110 newmarketpl.ca

Sexual Health Supports

Sexual health supports provides programs and services to help individuals access information, testing, treatment, and counselling related to sexual health. These programs offer birth control options, STI testing and treatment, harm-reduction supplies, education, and referrals.

Sexual Health Clinics & Services

Agency	Service Description	Clientele Served	Agency Contact Info
Sexual Health Infoline Ontario	A free, anonymous and inclusive eChat and phone service for Ontario residents. This service is staffed by counsellors who provide information, support and referrals in English, French and other languages on sexual health topics.	Open to all in Ontario.	1-800-668-2437 416-392-2437 sexualhealthontario.ca
York Region Sexual Health Clinic - Newmarket	HIV testing, STI testing/treatment, genital wart treatment, Hep A & B vaccinations, HPV vaccination, Hep testing, ECP, low cost BCP, IUD insertion, depo injection, pregnancy testing and PAP test, Needle Exchange, Naloxone Kits.	All ages (12+ can receive services without parental consent). No health card required.	905-895-4512 1-800-361-5653 york.ca
CMHA York Region & South Simcoe - Gender Affirming Health Clinic (GAHC) - Newmarket	Services include drop-in services, case management, counselling, and physical and sexual health care as well as groups and workshops. Referrals are accepted from all sources, including self-referrals.	People who identify as trans, gender diverse, non-binary and/or questioning 16 years of age or older Residents who live in York Region or South Simcoe.	905-841-3977 1-866-345-0183 cmha-yr.on.ca

Parent & Family Supports

Parent and family supports provide parents and caregivers with a list of programs and services such as counselling services, parent groups, child development resources, and coordinated connections to community programs that promote overall family well-being.

Support for New Parents

Agency	Service Description	Clientele Served	Agency Contact Info
CAYR Community Connections	Provides HIV-related supports along with additional services such as, special events for the Moms' Group, holiday toy support, and baby/child supplies including clothing, formula, and diapers when available.	Mothers with HIV and their children.	905-884-0613 1-800-243-7717 cayrcc.org
Rose of Sharon Services for Young Mothers	Provides free onsite high school with childminding and transportation assistance, prenatal education, parenting and child development programs, personal counselling, food and practical supports.	Youth (14-29).	905-853-5514 1-877-516-3715 roseofsharon.com
Southlake Health - Resources for Families	Provides support, resources and additional help. Resources include info on: postpartum, infant feeding, parenting support and parent and child mental health support resources.		905-895-4521 TTY: 905-952-3062 southlake.ca
York Region Public Health – New Baby	Speak to a registered nurse ready to offer helpful parenting tips, answer parenting questions and suggest programs and services.	Parents with a new baby.	1-800-361-5653 TTY: 1-866-512-6228 After hours: 811 or calling 1-866-797-0000 for 24-hour medical advice and free breastfeeding and infant feeding support. york.ca
York Region - Healthy Babies Healthy Children	A home visiting program that provides eligible families with information, support and connections	If you are pregnant, you can find a Health Babies Healthy Children	1-800-361-5653 york.ca

	to community resources.	program by asking your family doctor, midwife, nurse or other service provider.	
York Region - Prenatal and Newborns	Classes and clinics for pregnant and breastfeeding women. New and expecting parents can learn about their health and the health of their baby.	Open to all.	1-877-464-9675 york.ca

EarlyON Programs and Playgroups

Agency	Service Description	Clientele Served	Agency Contact Info
Kids Line	For families in York Region who have questions about early learning and child care.	Families in York Region	1-888-703-KIDS york.ca
York Region - Child Care Fee Subsidy	Includes the process for applying and how to know if you qualify. Application is online.	A family that needs help with the cost of licensed child care for their children (under the age of 13 years old). Priority is given to families who meet priority consideration criteria.	1-877-464-9675 TTY: 1-866-512-6228 york.ca

Other Supports for Parents

Agency	Service Description	Clientele Served	Agency Contact Info
Association of Parent Support Groups in Ontario, The (APSGO)	Parent support groups that offer a confidential space to talk openly, focus on parenting strategies, and developing individualized family plans.	Parents in Aurora and Newmarket.	1-800-488-5666 apsgo.ca
Children's Mental Health Ontario - Parents For Children's Mental Health Peer Support - York/Aurora	Peer support groups for parents and caregivers.	Parents and caregivers of children with mental health needs in York Region.	416-921-2109 family.cmho.org
Family Services York Region - Virtual Walk-In	Counselling for youth, adults, couples, & families: speak to a therapist the same day or next day.	For those who live or work in York Region.	905-895-2371 fsyr.ca

Child & Youth Programs

Agency	Service Description	Clientele Served	Agency Contact Info
360°kids - Newmarket Youth Hub	Youth employment programs.	Youth	360kids.ca
BGC York Region Club - After School Program for Grades 5-8	Offers a diverse range of engaging and entertaining activities for children to enjoy. From artistic expression through art and music to energetic dance, indoor, and outdoor activities, we provide a fun-filled experience that promotes creativity, learning, and social interaction.	Children in grades 5-8.	289-763-6485 bgcyorkregion.com
Girls Incorporated of York Region	Offers educational, recreational and mentoring programs that develops girls' self-confidence and leadership skills science, tech, engineering and maths skills.	Girls aged 5-18 years	905-830-0776 girlsincyork.org
Newmarket Library	Offers a wide range of items and programs such as book clubs, reading buddies, chess club and peer-to-peer programming.	A range of programs for children as young as 3 up to youths aged 29.	905-953-5110 newmarketpl.ca
York Region Alliance of African Canadian Communities (York Region AACC)	After-school curriculum and mentoring program.	Black students in grade six to twelve.	647-425-5700 yorkregionaacc.ca
York Region Educational Services	After-school language programs, S.T.E.A.M. programs, and camp and personal development programs.	School-aged children (up to Grade 12). Programs available are based on age/grade level.	General & Camp Inquiries: 647-282-YRES (9737) yorkeducation.org